



# ***Beyond Diversity: Civility in the Workplace***

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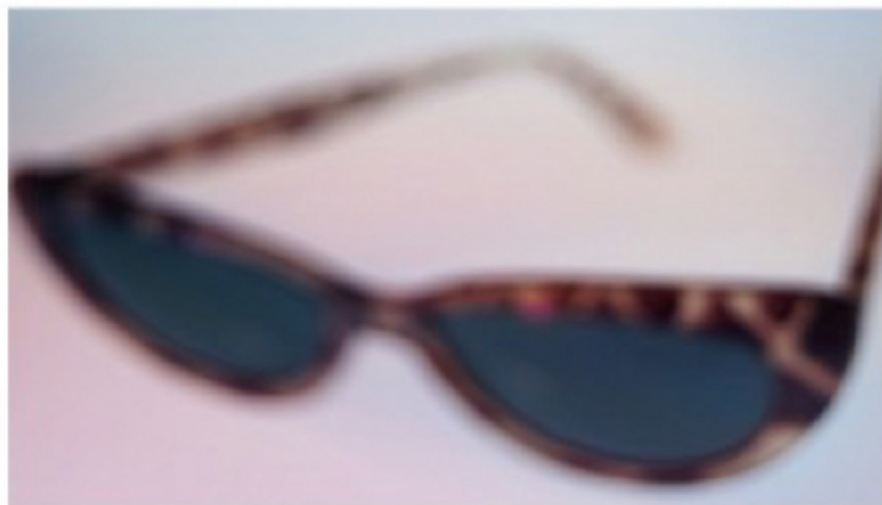
# *Incivility: A Definition*



- **Incivility:** Low-intensity deviant behavior with ambiguous intent to harm the target, *in violation of norms for mutual respect* (Andersson & Pearson, 1999; italics added for emphasis)



# *Incivility Characteristics*



- **Ambiguous Intent**
  - incivility is not necessarily intentional on behalf of instigator
  - interpretation of ambiguous behavior determines degree of incivility (if any)



# *Incivility Characteristics*



- **Violation of Local Norms**
  - no universal standards of uncivil behavior
  - incivility defined at local level; what may be uncivil in one environment may be completely civil in a different situation



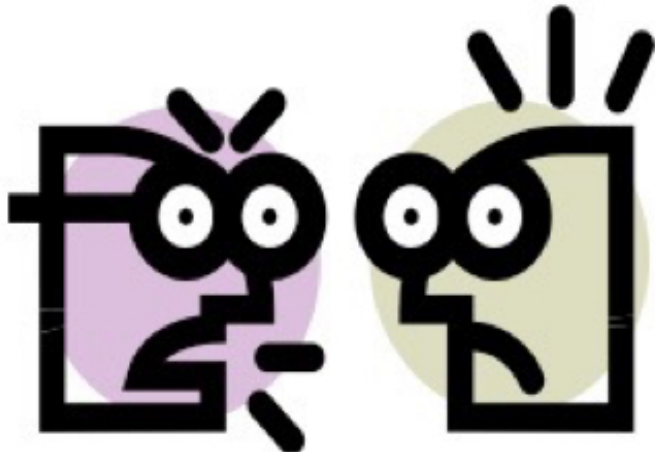
# *Incivility Characteristics*



- **Downward Spiral**
  - uncivil behavior is thought to encourage additional uncivil behavior, resulting in a continuous downward spiral
  - hence, should curtail uncivil behavior as quickly as possible



# *Examples of Incivility*



- Yelling at Someone
- Ignoring Someone
- Making Demeaning Comments About Others
- Addressing Someone in Unprofessional Terms
- Eye-Rolling



# *Perspectives of Incivility*

- **Targets or Victims**

- most of the research on recipients of incivility
- impact on targets related to a number of negative outcomes (e.g., turnover, absenteeism, lower performance, etc.)



# *Perspectives of Incivility*



## • Instigators or Perpetrators

- those who engage in uncivil behavior
- surprisingly, many readily admit to engaging in uncivil behavior
- oftentimes a reaction to dissatisfaction or perceptions of unfairness
- outcomes are same as victims of incivility





# Natural Biases: Similar-to-Me



- **Fact: We Like Others Who Are Similar to Us**

- often, that similarity is based on gender, race, or religion
- many diversity programs focus on these external markers and create opposing groups (Similar and Different)



# Natural Biases: Similar-to-Me



- **But, We Have Many Things in Common With Each Other**

- Likely have similar tastes in food, music, sports, fitness, TV shows, etc. with “different” others
- Also likely to have dissimilar tastes with “similar” others



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# *Natural Biases: Similar-to-Me*



- **Point:** We likely share similar interests with others REGARDLESS of external markers or group membership
- So, need to focus on getting to know the PERSON
- **This Takes Time and Effort!**



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# *Cognitive Efficiency*



- Unfortunately, it is natural to engage in 'Cognitive Efficiency'
- It is easier to categorize someone based on an external marker or group affiliation than to get to know them



# *Cognitive Efficiency*



- **To Achieve Mutual Respect, We Have to:**
  - recognize this natural tendency
  - fight that mental shortcut
  - take the time to get to know others on a personal level
  - **This, Again, Takes Effort**

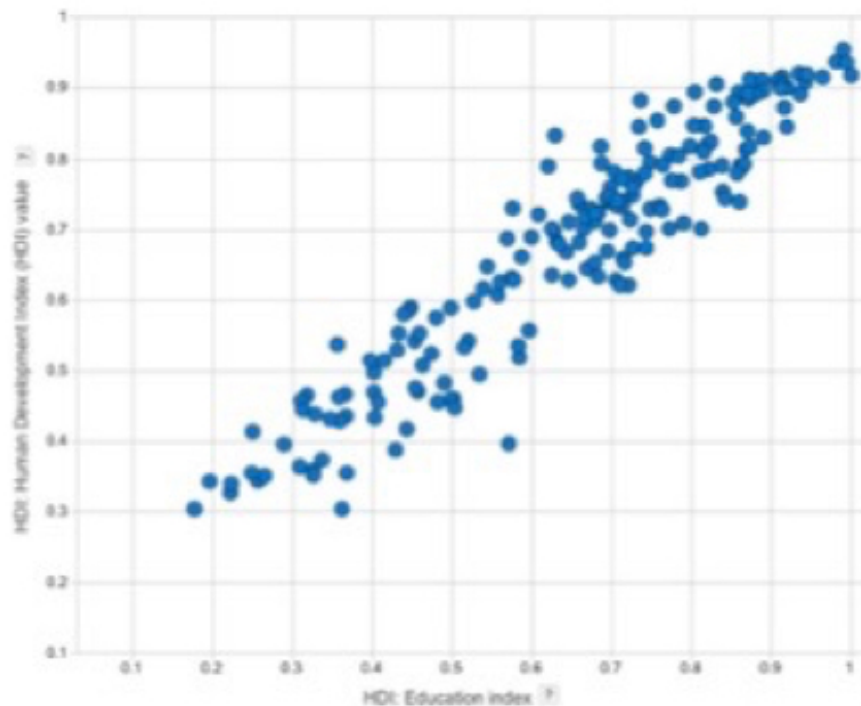


# Civility: A Definition



- **Civility:** “Demonstrating sensibility of concern and regard, treating others with respect. Workplace civility is behavior that helps to preserve norms for mutual respect at work; it comprises behaviors that are fundamental to positively connecting with another, building relationships and empathizing” (Pearson, Andersson & Porath, 2000).

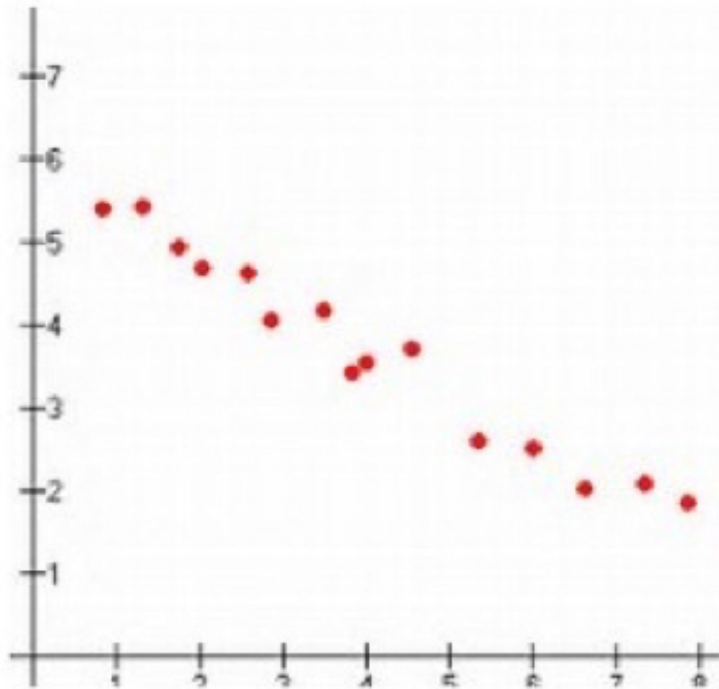
# Civility Correlates



- **Civility is Positively Related to:**

- Performance Indicators (e.g., patient perceptions of healthcare)
- Procedural Justice (fairness in the procedures used to make decisions)

# Civility Correlates



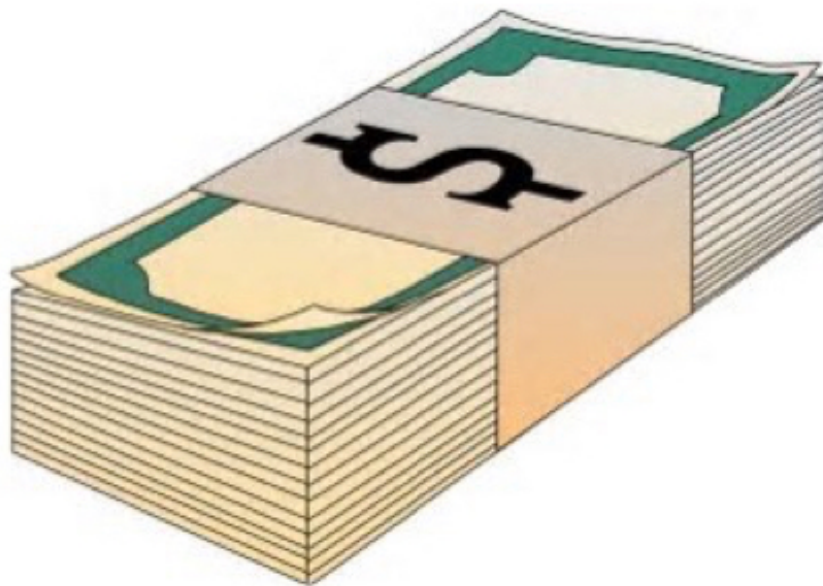
- **Civility is Negatively Related to:**

- Absenteeism
- EEO complaints
- Turnover
- Perceived Exclusionary Behavior (e.g., unanswered emails, exclusion from important meetings; gossip)
- Verbal Abuse
- Physical Abuse





# Monetary Outcomes of Civility



- **EEO Formal Complaint Costs *Per Hospital***
  - High vs. Medium Civility: \$38,264 difference
  - High vs. Low Civility: Nearly \$61,000 difference
- **Sick Leave Costs *Per Employee***
  - High vs. Low Civility
    - Patient Care Sick Leave: \$240 difference
    - Administrative Sick Leave: \$130 difference
    - Manual Labor Sick Leave: \$120 difference

# Civility vs. Incivility



- Although negatively related to incivility, civility is NOT the opposite of incivility
- Research on Organizational Citizenship Behaviors (OCBs): Behaviors outside normal job duties that benefit the organization
  - Civility positively related to OCBs
  - Incivility not related at all (i.e., not negatively related) to OCBs

# Focus on Civility: Step 1



- **Identify Workgroups of Interest**
  - VHA Measure of Civility
    - 8 items
    - Overall Civility
  - Assessment of Workplace Civility
    - 33 Items
    - Five Dimensions (individual, coworker, supervisor, organization, general)
  - Reports of Workgroup Problems



# Focus on Civility: Step 2



- **Workgroup Meets Several Times**
  - May need several meetings (e.g., monthly)
- **Workgroup Defines Civility**
  - Each workgroup must define what civility means to them
- **Understand and Encourage Civility**
  - Once defined, group must carry that understanding forward in their interactions
  - Agree to “police” themselves



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# Modeling Civility



- **Zero-Tolerance Expectations**

- the Department will simply not tolerate disrespect
- part of your student training is to be professional, and that includes treating others with respect

- **Look in the Mirror**

- constantly examine how you behave
- it may not be new, but adhere to the **Golden Rule**: *Treat others the way you would like to be treated*



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# Stopping Incivility



- **Listen Carefully**

- The Department encourages you to report uncivil behavior
- by reporting, we can detect patterns of incivility and address problem areas

- **Hammer It When It Happens**

- we (the Department) cannot always address uncivil behavior; we need your help
- engage in some peer pressure: openly discourage uncivil behavior



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# No One Gets a Free Pass



- **Don't Excuse Powerful Instigators**
  - *everyone* is accountable – students, faculty, and staff
  - those who are popular or in higher positions do not get a “free pass”



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# *Local Examples of 'Civility'?*

- Example 1
- Example 2
- Example 3



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# *Positive Outcomes of Civility Focus*



- Emphasis on what to do, NOT what to avoid
- Workgroup understands what is appropriate behavior
- Workgroup has better understanding of others' roles in workgroup
- Respect among workgroup members enhanced

